

The Zen Of Listening: Mindful Communication In The Age Of Distraction By Rebecca Z Shafir MA CCC

By Rebecca Z Shafir MA CCC

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Rebecca Shafir M.A. CCC , speech/language pathologist, neurotherapist at the Hallowell Center (Sudbury) and Cerulli & Associates (North Andover), author of The Zen of

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The Zen of Listening Mindful Communication in the Age of She is a 20-year student of transcendental meditation and Zen studies and has a black belt in martial

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